Learning Objective:

The course is designed to impart basic netball skills and knowledge. Participants will be given the opportunity to develop the basic footwork and ball skills, goal shooting skills, and study the principles of attacking/defending, as well as the application of these skills and game concepts/tactics in game play.

Content:

- Passes
- Footwork
- Pivot
- Goal Shooting
- Attacking skills
- Defending skills
- Basic court play/strategies

Learning Outcomes:

At the end of this module, participants will:

- Possess proficiency in the basic skills of netball
- Understand the rules of netball
- Understand basic strategies/tactics/concepts applied in netball.

Student Assessment:

- Professional Qualities: 10%
- Theory Assessment: 30%  
  (a) Written Quiz (30%)
- Practice Assessment: 60%  
  (a) Skill Development (30%)  
  (b) Game Play (30%)

Textbooks/References:

